



Your local butcher and meat market

SHOPPING LIST

PRODUCE	MEAT & SEAFOOD	GROCERY	CANNED	CLEANING
Apples	Bacon/ Pork/ Ham	BBQ Sauce	Apple Sauce	Air Fresheners
Asparagus	Beef	Cereal	Baked Beans	Ammonia
Bananas	Chicken	Beans/Lentils	Canned Fruit	Bathroom Cleaner
Berries	Lunch Meats	Jelly /Jam	Canned Meat	Dish Detergent
Broccoli	Fish/ Seafood	Ketchup/ Mustard	Juice	Floor Cleaner
Carrots	☐ Hot Dogs/Sausage	International	Pasta	Furniture Polish
Cauliflower	Turkey	Mac & Cheese	Sauces	Glass Cleaner
Celery		Mayonnaise	Soup/ Chili	Kitchen Cleaner
Com	FROZEN	Pasta/ Noodles	Spaghetti Sauce	Scouring Pads
□ Dips	Bagels	Peanut Butter	Tomatoes/ Paste	
☐ Floral	Desserts	Pickles/ Relish	Tuna	HEALTH & BEAUTY
☐ Grapes	Dinners	Rice	Vegetables	Allergy
Lemons/Limes	Fish Sticks	Salsa		Antacids
Lettuce/ Cabbage	Cream	Salad Dressing	BABY	Band Aids
Melons	Meat	Sauces	☐ Baby Food	Cold/Flu/Sinus
■ Mushrooms	Pizza	Syrup	Diapers	Cotton Swabs/Balls
Nuts	Potatoes		Formula	Deodorant
Onions	Vegetables	BAKING	Lotion/ Shampoo	Feminine Products
Oranges	─ Waffles	Baking Mix	Wash/Wipes	Hair Gel/Spray
Peppers	Whipped Cream	Baking Powder		Pain Reliever
Potatoes	_	Baking Soda	PETS	Razors
☐ Salad Mix	DAIDY	☐ Cake Mix	Cat Food	Champas/Cand
	DAIRY	Cake Mix	Cat Food	Shampoo/Cond.
Tomatoes	Bagels	Chocolate Chips	Cat Litter	Shaving Cream
☐ Tomatoes		_		
Tomatoes BREADS / BAKERY	Bagels	Chocolate Chips	Cat Litter	Shaving Cream
	Bagels Biscuits	Chocolate Chips Cocoa	Cat Litter Dog Food	Shaving Cream Soap – Bar/Liquid
BREADS / BAKERY	Bagels Biscuits Butter/ Margarine	Chocolate Chips Cocoa Flour	Cat Litter Dog Food	Shaving Cream Soap – Bar/Liquid
BREADS / BAKERY Bagels	Bagels Biscuits Butter/ Margarine Cheese – Sliced	Chocolate Chips Cocoa Flour Gelatin/ Pudding	Cat Litter Dog Food Treats	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste
BREADS / BAKERY Bagels Bread/ Buns	Bagels Biscuits Butter/ Margarine Cheese – Sliced Shredded	Chocolate Chips Cocoa Flour Gelatin/ Pudding Non-Stick Spray	Cat Litter Dog Food Treats PAPER GOODS	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste
BREADS / BAKERY Bagels Bread/ Buns Brownies	Bagels Biscuits Butter/ Margarine Cheese – Sliced Shredded Chip Dip	Chocolate Chips Cocoa Flour Gelatin/ Pudding Non-Stick Spray Nuts	Cat Litter Dog Food Treats PAPER GOODS Aluminum Foil	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste NON-FOOD Batteries
BREADS / BAKERY Bagels Bread/ Buns Brownies Cookies	Bagels Biscuits Butter/ Margarine Cheese – Sliced Shredded Chip Dip Cottage Cheese	Chocolate Chips Cocoa Flour Gelatin/ Pudding Non-Stick Spray Nuts Oil	Cat Litter Dog Food Treats PAPER GOODS Aluminum Foil Bags—Trash/Storage	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste NON-FOOD Batteries Gift Certificates
BREADS / BAKERY Bagels Bread/ Buns Brownies Cookies Cupcakes	Bagels Biscuits Butter/ Margarine Cheese – Sliced Shredded Chip Dip Cottage Cheese Cream Cheese	Chocolate Chips Cocoa Flour Gelatin/ Pudding Non-Stick Spray Nuts Oil Pancake Mix	Cat Litter Dog Food Treats PAPER GOODS Aluminum Foil Bags—Trash/Storage Bath Tissue	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste NON-FOOD Batteries Gift Certificates Greeting Cards
BREADS / BAKERY Bagels Bread/ Buns Brownies Cookies Cupcakes Donuts/ Danish	Bagels Biscuits Butter/ Margarine Cheese – Sliced Shredded Chip Dip Cottage Cheese Cream Cheese Eggs/ Substitute	Chocolate Chips Cocoa Flour Gelatin/ Pudding Non-Stick Spray Nuts Oil Pancake Mix Raisins	Cat Litter Dog Food Treats PAPER GOODS Aluminum Foil Bags—Trash/Storage Bath Tissue Facial Tissue	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste NON-FOOD Batteries Gift Certificates Greeting Cards Ice
BREADS / BAKERY Bagels Bread/ Buns Brownies Cookies Cupcakes Donuts/ Danish English Muffins	Bagels Biscuits Butter/ Margarine Cheese – Sliced Shredded Chip Dip Cottage Cheese Cream Cheese Eggs/ Substitute English Muffins	Chocolate Chips Cocoa Flour Gelatin/ Pudding Non-Stick Spray Nuts Oil Pancake Mix Raisins Salt/ Pepper	Cat Litter Dog Food Treats PAPER GOODS Aluminum Foil Bags—Trash/Storage Bath Tissue Facial Tissue Napkins	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste NON-FOOD Batteries Gift Certificates Greeting Cards Ice Light Bulbs
BREADS / BAKERY Bagels Bread/ Buns Brownies Cookies Cupcakes Donuts/ Danish English Muffins Muffins	Bagels Biscuits Butter/ Margarine Cheese – Sliced Shredded Chip Dip Cottage Cheese Cream Cheese Eggs/ Substitute English Muffins Milk	Chocolate Chips Cocoa Flour Gelatin/ Pudding Non-Stick Spray Nuts Oil Pancake Mix Raisins Salt/ Pepper Spices/ Extracts	Cat Litter Dog Food Treats PAPER GOODS Aluminum Foil Bags—Trash/Storage Bath Tissue Facial Tissue Napkins Paper Plates	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste NON-FOOD Batteries Gift Certificates Greeting Cards Ice Light Bulbs Lotto/Lottery
BREADS / BAKERY Bagels Bread/ Buns Brownies Cookies Cupcakes Donuts/ Danish English Muffins Muffins	Bagels Biscuits Butter/ Margarine Cheese – Sliced Shredded Chip Dip Cottage Cheese Cream Cheese Eggs/ Substitute English Muffins Milk Sour Cream	Chocolate Chips Cocoa Flour Gelatin/ Pudding Non-Stick Spray Nuts Oil Pancake Mix Raisins Salt/ Pepper Spices/ Extracts Sugar	Cat Litter Dog Food Treats PAPER GOODS Aluminum Foil Bags—Trash/Storage Bath Tissue Facial Tissue Napkins Paper Plates Paper Towel	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste NON-FOOD Batteries Gift Certificates Greeting Cards Ice Light Bulbs Lotto/Lottery Stamps
BREADS / BAKERY Bagels Bread/ Buns Brownies Cookies Cupcakes Donuts/ Danish English Muffins Muffins Pies	Bagels Biscuits Butter/ Margarine Cheese – Sliced Shredded Chip Dip Cottage Cheese Cream Cheese Eggs/ Substitute English Muffins Milk Sour Cream	Chocolate Chips Cocoa Flour Gelatin/ Pudding Non-Stick Spray Nuts Oil Pancake Mix Raisins Salt/ Pepper Spices/ Extracts	Cat Litter Dog Food Treats PAPER GOODS Aluminum Foil Bags—Trash/Storage Bath Tissue Facial Tissue Napkins Paper Plates Paper Towel Plastic Silverware	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste NON-FOOD Batteries Gift Certificates Greeting Cards Ice Light Bulbs Lotto/Lottery
BREADS / BAKERY Bagels Bread/ Buns Brownies Cookies Cupcakes Donuts/ Danish English Muffins Muffins Pies DELI	Bagels Biscuits Butter/ Margarine Cheese – Sliced Shredded Chip Dip Cottage Cheese Cream Cheese Eggs/ Substitute English Muffins Milk Sour Cream Yogurt	Chocolate Chips Cocoa Flour Gelatin/ Pudding Non-Stick Spray Nuts Oil Pancake Mix Raisins Salt/ Pepper Spices/ Extracts Sugar	Cat Litter Dog Food Treats PAPER GOODS Aluminum Foil Bags—Trash/Storage Bath Tissue Facial Tissue Napkins Paper Plates Paper Towel Plastic Silverware Plastic Wrap	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste NON-FOOD Batteries Gift Certificates Greeting Cards Ice Light Bulbs Lotto/Lottery Stamps
BREADS / BAKERY Bagels Bread/ Buns Brownies Cookies Cupcakes Donuts/ Danish English Muffins Muffins Pies DELI Sides	Bagels Biscuits Butter/ Margarine Cheese - Sliced Shredded Chip Dip Cottage Cheese Cream Cheese Eggs/ Substitute English Muffins Milk Sour Cream Yogurt	Chocolate Chips Cocoa Flour Gelatin/ Pudding Non-Stick Spray Nuts Oil Pancake Mix Raisins Salt/ Pepper Spices/ Extracts Sugar BEVERAGES Beer/ Wine	Cat Litter Dog Food Treats PAPER GOODS Aluminum Foil Bags—Trash/Storage Bath Tissue Facial Tissue Napkins Paper Plates Paper Towel Plastic Silverware Plastic Wrap Wax Paper	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste NON-FOOD Batteries Gift Certificates Greeting Cards Ice Light Bulbs Lotto/Lottery Stamps
BREADS / BAKERY Bagels Bread/ Buns Brownies Cookies Cupcakes Donuts/ Danish English Muffins Muffins Pies DELI Sides Cheese	Bagels Biscuits Butter/ Margarine Cheese – Sliced Shredded Chip Dip Cottage Cheese Cream Cheese Eggs/ Substitute English Muffins Milk Sour Cream Yogurt SNACKS Candy	Chocolate Chips Cocoa Flour Gelatin/ Pudding Non-Stick Spray Nuts Oil Pancake Mix Raisins Salt/ Pepper Spices/ Extracts Sugar BEVERAGES Beer/ Wine Packaged Liquor	Cat Litter Dog Food Treats PAPER GOODS Aluminum Foil Bags—Trash/Storage Bath Tissue Facial Tissue Napkins Paper Plates Paper Towel Plastic Silverware Plastic Wrap	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste NON-FOOD Batteries Gift Certificates Greeting Cards Ice Light Bulbs Lotto/Lottery Stamps
BREADS / BAKERY Bagels Bread/ Buns Brownies Cookies Cupcakes Donuts/ Danish English Muffins Muffins Pies DELI Sides Cheese Chicken	Bagels Biscuits Butter/ Margarine Cheese - Sliced Shredded Chip Dip Cottage Cheese Cream Cheese Eggs/ Substitute English Muffins Milk Sour Cream Yogurt SNACKS Candy Chips/ Pretzels	Chocolate Chips Cocoa Flour Gelatin/ Pudding Non-Stick Spray Nuts Oil Pancake Mix Raisins Salt/ Pepper Spices/ Extracts Sugar BEVERAGES Beer/ Wine Packaged Liquor Bottled Water	Cat Litter Dog Food Treats PAPER GOODS Aluminum Foil Bags—Trash/Storage Bath Tissue Facial Tissue Napkins Paper Plates Paper Towel Plastic Silverware Plastic Wrap Wax Paper LAUNDRY	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste NON-FOOD Batteries Gift Certificates Greeting Cards Ice Light Bulbs Lotto/Lottery Stamps
BREADS / BAKERY Bagels Bread/ Buns Brownies Cookies Cupcakes Donuts/ Danish English Muffins Muffins Pies DELI Sides Cheese Chicken Dips	Bagels Biscuits Butter/ Margarine Cheese – Sliced Shredded Chip Dip Cottage Cheese Cream Cheese Eggs/ Substitute English Muffins Milk Sour Cream Yogurt SNACKS Candy Chips/ Pretzels Crackers	Chocolate Chips Cocoa Flour Gelatin/ Pudding Non-Stick Spray Nuts Oil Pancake Mix Raisins Salt/ Pepper Spices/ Extracts Sugar BEVERAGES Beer/ Wine Packaged Liquor Bottled Water Coffee/ Tea	Cat Litter Dog Food Treats PAPER GOODS Aluminum Foil Bags—Trash/Storage Bath Tissue Facial Tissue Napkins Paper Plates Paper Towel Plastic Silverware Plastic Wrap Wax Paper LAUNDRY Bleach	Shaving Cream Soap – Bar/Liquid Tooth Brush/ Paste NON-FOOD Batteries Gift Certificates Greeting Cards Ice Light Bulbs Lotto/Lottery Stamps